



Handbook for Parents 2010-2011

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Table of Contents

Welcome	5
Introduction	5
Forward	5
Mission Statement	5
Program Information	5
Ratios	6
Tuition	6
Registration, Activity, Late, and Return of Check Fees	7
Tuition Discounts	7
Student Withdrawal	7
Disclaimer	7
The Preschool Staff	7
Curriculum	8
Parent Participation	8
Parent Communication	9
Separation	10
Classroom Routine	10
Policy and Procedures	10
Arrival and Dismissal Procedures	10
Carpool Line.....	11
Backpacks and Clothing	11
Communication Folder	11
Calendar	12
Inclement Weather Policy	12
Snacks	12
Birthday Parties	12
Holiday Parties and Room Parent	12
Changing Diapers, Potty Training, and Bathroom Policies	13
Hand Washing Procedure	13
Playground Rules and Guidelines	13
Show and Tell	14
Lunch Bunch	14
Field Trips	14
Positive Discipline and Child Guidance Procedure	15
Student Participation	16
Distribution of Promotional Literature	17
Photographs and Publicity	17
Children’s Records	17
Child Abuse Reporting Procedures	17
Health Policies	17

Medical Information	17
Illness	17
Medication	18
Emergencies	19
Minor Accident	19
Serious Accident	19
Fire – Actual or Drill	19
Tornado - Actual or Drill	19
Lock Down	19
Administrative Dismissal	20
Complaint Resolution and Grievance Procedure	20
Parent Resources	21
School District Information	21

Welcome

The faculty and administration of Grace House Preschool (GHP) would like to welcome you and your child(ren) to our preschool. Grace House operates as a nonprofit organization, and is dedicated to providing quality care for preschool children.

This HANDBOOK FOR PARENTS provides general information about the Preschool's program, administrative procedures, operating guidelines, health and safety policies, and suggested parental involvement. Parents will find that most of their questions about Grace House are answered in this handbook. For specific situations that may not be covered, parents are encouraged to seek additional information from the Director.

We look forward to working with you and helping your child(ren) grow throughout this school year. Please remember that our door is always open to you.

Introduction

Forward:

This handbook strives to communicate the philosophy and goals of our Christ-centered preschool and to set forth standards, rules and procedures that will foster self-discovery and facilitate a learning environment. It will change and grow as our school changes and grows. This handbook is designed to foster mutual understanding. It is dedicated to the glory and honor of the Lord as we work together in His Kingdom.

Mission Statement:

Grace House Preschool exists to focus attention on God's grace as He transforms us into a community that delights in Him, is marked by selfless care for others, and proclaims the gospel of Jesus Christ with gospel-transformed words, relationships, vocations, and lifestyles resulting in the transformation of the communities of the Triad and the world.

Care is taken to work with children according to recognized standards for childcare and early education. We seek to promote creativity, to expose children to learning through play, unit lesson studies, art, music, etc. We want to help them learn values and ideals through being exposed to Christian beliefs and be the person God intended for each of them. The emotional, social, physical, and intellectual development of each child is the major goal of the staff. In other words, the total personal development, according to his/her individual abilities and needs, is our primary concern.

Grace House Preschool supports the "parent-child" relationship. Our job is not to take the place of or compete with the child's family. The teachers will be a supportive agent to help further a warm relationship between parent and child. We recognize that parents are the most important people in the lives of their children.

Grace House Preschool does not discriminate based on race, color, national, or ethnic origin.

Program Information

Grace House Preschool strives to provide excellent services for young children from six weeks of age until they are ready for kindergarten. All children must be the age of the class they are entering on or before August 31 (this coincides with North Carolina policy). Classes are as follows:

<u>AGE GROUP</u>	<u>TEACHERS</u>
Parents' Morning Out	Linda Mainhart, Lead Teacher Melanie Masi, Asst. Teacher
2 year old class	Sandra Johnston, Lead Teacher Ericca Morris, Asst. Teacher
2 year old class (Mon, Wed, Fri)	Nicole Howard, Lead Teacher Beth Ridgway, Asst. Teacher
3 year old class	Beth Sapp, Lead Teacher Allison Gurley, Asst. Teacher
4 year old class – Older (5 days a week)	Christy Lankford, Lead Teacher Erin Collins, Asst. Teacher
4 year old class - Younger (5 days a week)	Lori Porter, Lead Teacher Mona Underhill, MWF Asst. Teacher Jen Abernathy, TTh Asst. Teacher
Enrichment	Kim Baum
Office Assistant	Christy Ogburn

Each class meets from 9:00 a.m. to noon.

Ratios:

Grace House is committed to maintaining low staff to child ratios. We firmly believe that the beginning of any quality environment begins with creating close and nurturing relationships between teachers and children. The following are the maximum teacher/child ratios at our preschool:

PMO	1 teacher to 4 children
2 Year Olds	1 teacher to 5 children
3 Year Olds	1 teacher to 7 children
4 Year Olds	1 teacher to 7 children

* Ratios may fluctuate during Parent/Teacher conferences and during the 4 year old classes small group Kindergarten readiness instruction time.

Tuition:

	<u>Day</u>	<u>Tuition/Month</u>
Parents Morning Out	1 day per week	\$65
	2 days per week	\$110
	3 days per week	\$130
	4 days per week	\$145
	5 days per week	\$165
2, 3 and 4 Year Olds	2 days per week	\$110
	3 days per week	\$130
	5 days per week	\$165

Tuition is based on enrollment not attendance. Tuition is due on the 1st of each month. GHP accepts payment of checks or cash. Checks should be made payable to Grace House Preschool with the memo line marked with student's name. Tuition checks should be placed in the tuition box located next to the GHP bulletin board. If paying in cash, payment should be handed directly to the Director so that a receipt can be provided. Cash payments cannot be dropped in the tuition box. Please DO NOT leave tuition in book bags/diaper bags or in folders. We cannot be responsible for misplaced payments.

Because our program is designed with a full enrollment as its basis, tuition is not discounted for holidays, professional days, inclement weather days or absences.

Registration Fee:

A registration fee is paid at the time of registration and is non-refundable. Registration is complete when all enrollment forms have been completed and returned along with receipt of the registration fee.

Activity Fee:

This is an annual fee due at the beginning of the school year. This fee covers the cost of consumable materials and craft supplies, along with food and drink for snack to be used throughout the year. The activity fee is non-refundable.

Late Fee:

A late fee of \$10 will be added to tuition if payment has not been received by the 10th of the month. An additional late fee of \$10 will be added to tuition if payment has not been received by the first of the following month. Failure to make two consecutive tuition payments may result in recommendation to withdraw your child from the Preschool. If your family is experiencing financial difficulty due to extenuating circumstances, please notify the director and the Preschool will make every effort to work with you until the issue is resolved.

Return of Check:

If your check is returned to us as “insufficient funds”, you will be responsible to repay the full amount of the check along with a \$25 service fee in cash.

Tuition Discounts:

Sibling tuition discount - \$10 off each monthly tuition for additional children in the same family after the 1st child has paid the full tuition

Sibling registration fee discount - \$5 off each registration fee for additional children in the same family after the full registration fee is paid for the 1st child

Pre-payment of entire year’s tuition – 5% discount (this discount does not apply to the activity fee or registration fee)

Scholarships – Scholarship applications are available upon request from the director

Student Withdrawal:

To withdrawal your child from Grace House Preschool, please notify the Director and complete the *Student Withdrawal Form* available from the Director. If withdrawal occurs after the first of the month, that month’s tuition, the registration fee, and the activity fee are non-refundable.

Disclaimer:

Grace House Preschool reserves the right to change policy based on the circumstances within any given year.

The Preschool Staff

The Preschool’s staff is a team of loving, caring Christ-centered people that look forward to serving the needs of you and your child(ren). They teach and evaluate, plan and prepare, relate and counsel, pray and care. Their communications with parents are key to effective education. Please pray for them and give them your respect, love, and encouragement.

All Lead Teachers and the Director are required to obtain CPR and first aid training. Prior to hiring, each employee must have a criminal records check. GHP only accepts employees with a commitment to parents and children. In order to optimize your child’s growth and development, we hire teachers who are interested in providing quality care and stimulating environments.

The teachers are employed by GHP and accountable to the Director. The Director is also employed by GHP and is accountable to the Executive Board. The GHP personnel policies reflect the respect felt for staff as professionals and provide a basis for understanding and meeting the needs of both the Preschool and the families. For this reason, the Administration is committed to providing a working environment that exemplifies cooperation and support.

Curriculum

Grace House Preschool curriculum is based on the Active Learning Series created by Debbie Cryer, Thelma Harms and Beth Bourland of the Frank Porter Graham Child Development Center at the University of North Carolina, Chapel Hill, North Carolina. The series contains separate books specializing in infants, one, two, three, four and five year olds. Each curriculum book contains age appropriate teaching ideas and activities for:

- Listening and Talking – This section contains ideas to help the teacher make the best use of talking with and listening to the children. Play ideas include using books, pictures and puppets.
- Physical Development – This section has ideas to develop the large muscles that help them run, balance, and climb and the small muscles needed to begin to read and write.
- Creative Activities – This section provides activities to help develop the senses, the imagination, and the skills to enjoy the arts through activities using art, blocks, dramatic play and music.
- Activities for Learning the World Around Them – This section focuses on nature, the senses, size (math), shape, color and numbers. The activities help the children enjoy and learn about the world God created.

Chapel is an opportunity for the children to focus on God and the Bible. Songs, stories, Bible verses and God's love are presented to the children and reinforced in the classroom. We strive to excite the children about the wonderful things God has done in a way they can understand and remember.

Enrichment is a time to explore and develop the unique gifts God has given each child. This special teaching time includes library, music, science, and art. The children attend enrichment once a week.

Kindergarten readiness provides our 4 year olds with skills needed to make a smooth transition into Kindergarten. The activities focus on academic (introductory reading, writing and math), social (listening, following directions, and peer interactions) and life skills (emptying backpacks, opening lunch containers, and tying shoes). Small group instruction time is used to work individually with each child.

Parent Participation

We recognize the importance of the parent-teacher/family-school relationship and therefore, encourage participation in the classroom and at special events. Children are proud when their parents come to school. Participating in your child's class can be an enriching experience for you, your child, and the entire class.

There are many additional opportunities in which you can be part of our program.

1. Classroom visitation: Parents are always welcome at Grace House Preschool. Please feel free to come and observe or assist us in the activities of the day. We ask only that you report your presence to the office before proceeding to your child's class. This is a precautionary measure for the safety of the children. When at all possible, please arrange this with your child's teacher in advance.

2. Classroom supplies: Donating classroom supplies is a great way to help the preschool. Throughout the year each classroom will have special projects and events in which they need additional supplies donated. This may include things such as empty milk containers, items for a treat bag, or a special snack. Please check your child's classroom for sign up sheets.
3. Special activities: Parents are encouraged to participate in special events. Some of these are during class time while others are evening events. Volunteers and donated items are always helpful to make these events a success. Some of these include Family Promise fundraisers, Farm Day, Thanksgiving Feast, Beach Day, music programs, and classroom holiday parties.
4. Field Trips: Parent chaperones are needed for all field trips to provide adequate supervision and transportation.
5. Fundraisers: Grace House Preschool sponsors various fundraisers throughout the year. All funds raised are used to improve the preschool program. Some of these events include spring and fall consignment sales and Parents Night Out. Your support is greatly appreciated.

Parent Communication

Grace House Preschool recognizes the importance of parent involvement and strives to work closely with families throughout the school year. Listed below are some ways contact is maintained. Families are encouraged to suggest additional means of communication.

1. Communication Folder: Each day your child will bring home a communication folder. This folder contains their artwork and crafts, important fliers and reminders, a daily behavior log, any teacher notes, and a place for parent notes to the teachers. Teachers will check the children's folder daily. Please return the folder daily in your child's backpack.
2. Newsletter: A Grace House Preschool newsletter will be distributed each month. This will keep you informed of upcoming events, activities and projects at the Preschool, as well as topics related to early childhood development and education. Also within the newsletter, teachers will write about individual activities in their classrooms.
3. Web Site: Please visit our website www.gracehousepreschool.org. You will find overall information about the Preschool and each classroom, special events and programs, a monthly calendar, the monthly newsletter, and a complete Handbook for Parents.
4. Conferences/Evaluations: Parent/teacher conferences will be offered in March or April to discuss your child's progress. Your child's teacher is also available to meet with you at your convenience throughout the year. The purpose of these conferences is for sharing information and ideas about your child's growth and development.
5. Informal conversations and notes: Each day, teachers may talk informally with parents as they drop off and pick up their child. Please share any pertinent information about your child, such as a recent emotional upset or interrupted sleep the previous night. Please notify the director immediately about a change of address, telephone number, or if family circumstances change (e.g. birth of baby, separation, illness).
6. Child Assessment: Assessments help the teaching staff to identify children's interests and needs and adapt their teaching practices as needed. You will receive a report in the spring regarding your child's progress in school. A detailed assessment will be discussed at the parent-teacher conference.
7. Parent Survey: At least once during the school year, you will be asked to complete a survey that will provide us valuable information about your Grace House Preschool experience. Your feedback is important to us, and we hope that you will take time to respond to the survey.
8. School Directory: You will receive a directory containing all preschool staff, board members and school families' names, addresses, and telephone numbers. Parents not wishing that their information be included should notify the Director. This directory is not for business use.

Separation

Separation is a normal part of growth that occurs in life. In order to engage in new opportunities we need to let go of some familiar securities. The way separation is handled in the early years of a child's life has a great impact on how the child will respond in later years. Therefore, a positive, sensitive and caring approach is extremely important in the first major separations of the child's life.

To ease this transition:

1. Prior to the start of school you will be invited to Open House with your child to see the classroom and meet the teachers.
2. On the first day of school, if your child is experiencing anxiety, we invite you to remain in the classroom briefly to help with the transition.
3. Sometimes a transitional object (an object from home like a favorite toy, book, picture, etc.) helps ease anxiety and helps to bridge the gap between home and school.

Children may experience the sadness felt when leaving ones they are attached to for the first time or the anxiety of unfamiliar places and people. We also acknowledge that parents may have difficulties separating from their children, too. Please be assured that this can be a very normal part of separation and the staff will be ready to work with you and your child to help him/her feel secure in his/her new environment.

Classroom Routine

The following will be incorporated into the classroom each day:

Daily

Free Play
Circle Time*
Bible Story/Religious Ed.
Craft/Art activity
Outdoor Time (weather permitting)
Snack Time
Story Time
Music, Dance, etc.

Weekly

Chapel
Music
Library
Science
Art

* Circle time allows the opportunity to introduce preschool concepts such as letters, numbers, colors, shapes, weather, days of the week and months of the year, and seasons.

Videos will **not** be shown in the classroom during the school day unless it is a short video that directly ties in with the lesson for the day or on rainy days, a video of music and movement. These are pre-approved by the Director, and parents will be informed about the video that was shown by using the *Movie Notice Form*.

For safety reasons, a head count of all the children will always be taken when leaving or entering any room, the playground area, or outside the building.

Policy and Procedures

Arrival Procedure:

Preschool classes begin at 9:00 am and dismiss at 12:00 noon. The side door with the overhang is the Preschool entrance. This door will be unlocked at 8:55 am. If you do arrive early, please come in the church front center entrance doors, however, we ask that you remain in the building with your child until 8:55 am. Preschool staff members are not ready to receive your child prior to this time.

Please accompany your child to his/her classroom, and ensure that your child's teacher is aware of his/her arrival.

For the safety of our children, we will operate the school day in a lock-down mode. The Preschool door will be locked from 9:15 am until 11:45 am. To enter the building during these hours, please use the front center entrance doors. This is to ensure that we know who is in the building at all times.

Dismissal Procedure:

Our school day ends at 12:00 noon. Please be prompt in picking up your child. Once the children have gone home, the teachers use this time to prepare their rooms and activities for the next day. If tardiness becomes habitual, further action will be required.

Only those adults indicated on the Pick Up Authorization section of your *Enrollment Form* will be allowed to pick up your child. In the event someone else needs to pick your child up, a written message or a direct conversation with your child's teacher or the Director will be required that day. If at anytime a teacher does not know or recognize a person asking to take home a student, we will request a photo identification of that person before allowing the child to leave with them. This is for the safety of the child. Please do not be offended if asked for picture I.D.

Carpool Line:

We desire to build a relationship not only with your children but with you as well. For this reason, we do not offer carpool drop off and pick up on a regular basis. However, if it is a rainy day or consignment sale Friday, we will have carpool. Teachers will be at the overhang to assist your children getting out of your car and to their classrooms. Teachers will also assist the children getting into cars at dismissal. If you have special circumstances, such as a new or sick child, please let the Director know in advance and we will help you get your other child(ren) to their classroom(s).

Backpacks:

Each child needs a backpack that is labeled with the child's first and last name and brought to school every day. Tags are available on the preschool table or from the director if you do not already have one. This will be used to transport the communication folder with papers, newsletters, and crafts.

Clothing:

Clothing for your preschooler should be simple, comfortable, washable, and easy for your child to manage. All clothing, hats, coats, gloves, and backpacks should be clearly marked with your child's name. An extra set of labeled clothing (please include underwear) should be kept in your child's book bag for emergencies. Children need to have at least two disposable diapers and wipes in their backpack if they are not potty trained. Children will play outside daily if weather permits so appropriate outerwear such as hats, gloves, and warm coats should be sent with your child. Please always send your child to school prepared to play outside. In addition, we prefer that your child not wear sandals or cowboy boots, as it can present a danger when climbing outdoors. Rubber soled sneakers are preferable.

Communication Folder:

Each child will be given a communication folder at the beginning of the school year to provide parents with information on your child's school day activities and preschool happenings. It will go home with your child every day and will include all papers, artwork, notices, etc. It needs to be returned daily in your child's book bag. The folder will also contain a communication and behavior log. The communication log will be used to assist in parent teacher communication for daily issues. Parents will be able to write notes concerning such things as a change in pick up, change in sleeping or eating habits or general questions. Teachers will review this log daily and respond as needed. The behavior log entails receiving a stamp each day for good behavior. If the stamp is absent for a particular day, the teacher will include an explanatory note in the communication log. All parents are interested to know how their child's day was and with the bustle of pick up, the communication folder will provide this information.

Calendar:

A Grace House Preschool calendar will be provided at the start of the school year showing all holidays and professional days. We will follow the Winston-Salem/Forsyth County School calendar except for our school opening and closing dates.

Inclement/Severe Weather Policy:

In case of inclement weather, listen for announcements from Winston-Salem/Forsyth County Schools (WSFCS). If the WSFCS are on closed, then Grace House Preschool is closed. If WSFCS is on a 1 or 2 hour delay, preschool will begin at 10:00. We will not make up snow days nor will refunds be given for school closings due to inclement weather.

If WSFCS close due to inclement weather during the preschool day, Grace House Preschool will also close at the same time as the earliest school to close. Please be prompt in picking up your child(ren) to ensure that the preschool staff is able to travel home safely too.

In case of serious emergencies such as a tornado, fire, or loss of power/water, parents will be contacted and children will be cared for until parents or emergency contacts arrive.

Snacks:

Snacks will be at the discretion of each Lead Teacher. Healthy non-perishable snacks will be purchased by the Preschool. These include items such as pretzels, goldfish, graham crackers, etc., and water to drink. Please inform the teacher if there are restricted foods in your child's diet.

Students will say a group blessing prior to snack each day. It is up to the teacher how this will be conducted in their classroom.

Periodically, or for special occasions, teachers may ask parents to bring in healthy perishable snacks as a treat. Healthy snacks may include apples, grapes, oranges, quartered cheese sandwiches, bananas, carrots, muffins, etc. At no time should parents feel obligated to contribute.

No nut products or foods containing nut products will be allowed in Preschool activities due to food allergies.

Children in the PMO classes will need each day a **filled** sippy cup or bottle (for infants) with a desired beverage. Please label all cups and bottles with the child's name. The classroom will have some spare sippy cups in the event a child does not have one. This will be used at the snack table only (This is for sanitary purposes and the teachers will work with the children to teach them this). The 2, 3 and 4 year old classes will be served a drink in a disposable cup.

Birthday Parties:

We welcome you to celebrate your child's birthday with his/her class. You may bring a special treat to share with the class at snack time. Please make arrangements with your child's teacher prior to the special day and discuss any food allergies of other children. Family members are encouraged to attend.

Please do not hand out birthday party invitations at school unless you are inviting the entire class. Children are very perceptive and aware of rejection through not receiving an invitation.

Holiday Parties and Room Parent:

At the beginning of the school year your child's teacher will ask for a volunteer to be the "Room Parent". The Room Parent assists the teachers in planning parties and other special events. It is not the responsibility of the Room Parent to run each party, rather to make contacts with the other parents for needed supplies (i.e. food, games, goody bags, etc) or additional volunteers. Please talk to your child's teacher if you are interested in being the Room Parent.

Scheduled programs and parties include Farm Day, Thanksgiving Feast, Christmas party and music program, Valentine's Day, Easter, Spring music program, Beach Day and Graduation.

A note about Halloween: To be sensitive to families that do not participate in Halloween, we have an annual Farm Day festival the last 2 school days of October. During this time, we will have farm related activities, foods, songs, games and will be encouraging children and staff to dress up as farm animals, farmers, or objects on the farm. Teachers will refrain from doing activities with ghosts, witches, and goblins in their classroom.

Changing Diapers:

Parents must supply diapers and wipes. Teachers will wear latex gloves when changing diapers. A new pair of gloves will be worn for each child and the changing mat disinfected after each child is changed. Parents will be notified if a child shows any redness or rash.

Potty Training:

When you feel your child is ready to potty train, we will be happy to assist you. Our desire is to be consistent with potty training methods used at home so please discuss this with your child’s teacher. As additional motivation, each child may receive one Skittle or M&M after using the potty. Please notify the teacher if you do not wish for your child to receive this reward. During this transition, please provide two set of clothes in your child’s backpack. A note will be provided to you daily concerning your child’s potty activities only while potty training.

Children entering the 3 year old classroom need to be fully potty trained or well on their way with expectations of being fully potty trained by Oct 1. Our 3 year old classrooms are not equipped with diaper changing stations.

Bathroom Policy:

The classroom bathrooms are the primary bathroom used by the children. When in use, the bathroom door must remain ajar. If a child must use the church bathroom, they must be accompanied by a staff member. The 4 year old classes will make one trip during the day as a class to the church bathroom to help in Kindergarten preparation.

Hand Washing Procedure:

Hand washing represents the most effective method of preventing the transfer of bacteria from person to person.

Hand washing or hand sanitizer will be used:

- Upon arrival into the classroom
- After any toileting or diapering
- After outdoor activities
- Before any meals, snacks, or food preparation of any kind
- After sneezing, coughing, or wiping a runny nose
- Anytime hands are obviously soiled

Playground Rules and Guidelines

Outdoor play provides gross motor activity, which is important to healthy growth and development. During playground time, teachers will adhere to the following guidelines:

- Children may not be out on the playground unless they are being supervised and the appropriate teacher/child ratios (same as classroom) are maintained. The only exception would be student bathroom needs or first aid emergencies.
- Each class spends 25 minutes per day outside (weather permitting).
- For safety reasons, each age group will be assigned their own playground time during the day.

- Only on certain days (i.e. photo days, special guest visits, special events, etc.) may the playground be shared with two different age groups. In order to maintain a safe age-appropriate grouping, neither the walkers nor the 2's may share the playground with any other classroom, yet the 3's and 4's may share – again, only on these exceptional days.
- If the playground is not available because of the weather, equipment may be set up in the fellowship hall or in the classroom. A variety of challenging activities will be made available to stimulate creative and social play.
- The teachers will interact with the children during playground time. This will include pushing children on the swings or helping a child climb. This is a time of free play for the children, or a combination of outdoor games, walks, sidewalk chalk, etc. with free play.

All playground equipment must be used appropriately and safely. Teachers are responsible for using good judgment on the number of children allowed to play on one piece of equipment at the same time, suggesting that children take turns, or directing their attention toward other equipment or activities. Teachers will check out the playground area, make sure the gates are closed, and pick up any debris prior to the children entering the playground area.

Show and Tell

Show and Tell time will be determined by each Lead Teacher. Your child's teacher may encourage your child to bring something special to show and tell about. Nature things, books, anything educational, photographs of family or vacations, a special craft project your child made, or small pets are all good examples of Show and Tell items. Please check with your teacher for children with allergies prior to bringing in show and tell items. At no time will we allow weapons of any sort, toy or otherwise, in the preschool.

Lunch Bunch

Lunch Bunch will be offered twice a week from noon until 1:00 pm and will start a few weeks after school starts. This is for children in the two, three, and four year old classes. Lunch Bunch is a fun time for children to bring their lunch (including a drink) to school, eat with their friends, and have some additional time together.

It is important for parents to sign up their child(ren) on the GHP bulletin board in advance of the actual lunch bunch date so that the Director can make sure there is adequately staffing. The cost is \$5 per child. Please limit sign ups to the number of spaces available per day and put only 1 child per line. Checks made out to Grace House Preschool or cash are accepted and should be put in your child's lunch box.

Field Trips

Field trips may be taken by the three and four year old classrooms only. In most cases, field trips will be relatively close to home. The Public Library, a local elementary school, and the Pumpkin Patch are some possibilities of trips. Field trips will be taken during normal school hours. Occasionally, the teacher may request to leave a little before school starts or return a few minutes after it ends.

For each field trip taken there will be a *Field Trip Permission Slip* distributed 1-2 weeks in advance. The permission slip includes the date, place, time, and any other special instructions. All students should return a permission slip if they plan to attend. If a student does not have a permission slip signed by a parent, they cannot go on the field trip. Permission by phone is not acceptable.

Because the preschool does not have a vehicle large enough to transport the entire class, we rely upon parent and staff volunteers for transportation. All volunteer workers must fill out a *Volunteer Application* and must consent to and pass a criminal records check. Car seats must also be made available by parents. Your assistance is greatly appreciated on these occasions.

In the interest of safety, the following regulations must be met for volunteer parent drivers:

1. Drivers must fill out and have on file prior to trip, a *Volunteer Application*.
2. The driver must be 21 years of age or older.
3. The driver must have a valid, non-probationary driver's license.
4. The vehicle must have valid and current registration, and valid, current license plates.
5. The vehicle must be insured.
6. Drivers will follow approved itinerary only. No extra stops are allowed for refreshments or sightseeing.
7. Drivers will be responsible for making sure all students are securely seat-belted in the vehicle at all times.
8. Drivers are to provide a smoke-free environment.
9. Car seats and booster seats are required for all students according to the NC Child Passenger Safety Law. All staff members have a copy of this law.

The teacher will provide a list of the students that each driver will be responsible for during the trip. If a parent is driving on a field trip and will not be returning with his/her child then the parent must notify the teacher prior to leaving on the trip so additional children are not put in the car with the parent and child. The teacher will also provide all transportation plans and directions to and from the destination. All students must wear a nametag before they leave for the field trip. The students should stay with the assigned parent/driver during the trip. The teacher will do several "head counts" throughout the field trip to insure that all children are present. Teachers and assistants are responsible for their classes even when the parent drivers are present. Teachers are to take emergency contact information and permission slips for each child along with the classroom first aid kit.

All field trips begin at Grace House Preschool and end at Grace House Preschool.

Positive Discipline and Child Guidance Procedure

Praise and positive reinforcement are effective methods of behavior management for children. When children receive positive, warm and understanding interactions from adults and others, they develop good self-concepts, problem solving abilities and self-discipline. Our teacher's actions are respectful of children and never include corporal, verbal, or emotional punishment. Additionally, we do not relate discipline to food, rest, or the toilet. Based on this belief of how children learn and develop values, our staff follows this twelve-step behavior management guide. This guide was created by Linda LaRue of the North Carolina Child Care Commission, and Grace House has been given special permission by her to make use of this method at our Preschool.

STEP 1 - CREATE A POSITIVE ENVIRONMENT: A child's potential for learning is maximized when obstacles in the environment that might encourage failure are removed. By providing safe, childproof, interesting play spaces for children, we create an environment that enhances the probability that children will behave in appropriate ways.

STEP 2 - CLARIFY EXPECTATIONS: We realize a child's struggle for independence is a normal developmental phase. We ignore minor behaviors and limit our expectations to what is realistic for the child.

STEP 3 - SET CLEAR, FAIR, AND CONSISTENT RULES AND LIMITS: We teach self-discipline through expecting and setting reasonable limits for children. When children help develop these guidelines, they understand what is expected and can actively participate in the learning process.

STEP 4 - DEVELOP A RELATIONSHIP WITH THE CHILD: Consistent positive interactions between adults and children encourage respect and trust. Praise, hugs, acceptance, and communication help to gain a child's cooperation. We let children know we respect and understand their feelings.

STEP 5 - MODEL POSITIVE BEHAVIORS: Adults serve as positive role models and nurturers for children. We speak and act in ways we want children to speak and act.

STEP 6 - GIVE CHILDREN CHOICES: Children will model positive social behaviors when adults help them understand the consequences of their actions through meaningful conversations. We tell children what they *can* do rather than what they *cannot* do.

STEP 7 - TEACH CONSEQUENCES: In a child-centered environment, adults listen, guide and help children. When children hear in simple words the results of their behaviors, they can better understand the problems associated with destructive behaviors. We help children understand why a change is needed and value mistakes as learning opportunities.

STEP 8 - TEACH PROBLEM SOLVING SKILLS: In a positive learning environment, adults collect information about the situation, acknowledge and support the child's feelings, state the problems clearly in language a child understands, and help the child to generate several solutions to the problem. We teach life skills.

STEP 9 - ANTICIPATE AND REDIRECT: We anticipate potential problems and redirect the child's interest.

STEP 10 - DISCUSS IN PRIVATE: We privately help children learn to verbalize feelings and frustrations.

STEP 11 - CHANGE THE TECHNIQUE IF IT'S NOT WORKING: All children respond differently to situations. We carefully observe the child to determine reasons for misbehavior and try to find solutions that work for that child.

STEP 12 - ALLOW RENEWAL TIME: When necessary, we allow children a brief period of rest away from the situation. This renewal time and space is for calming the child and is not viewed as punishment. Children will remain in this renewal time for one minute per year of chronological age (e.g., 3 year old student = 3 minutes in renewal time, maximum.)

We believe children have a right to consistent and fair expectations from adults. Whenever possible, we will work with the family to reach consensus for limits and expectations for the child. We pledge to be the family's partner in this process and will never use destructive discipline techniques.

Parents will always be informed of problems and progress involving their children. Please check your child's communication folder for daily information. Parent teacher conferences are encouraged for private conversations about your child.

Any severe behavior that disrupts a classroom will result in removal of the child from the classroom until he/she can gain control of him/herself. A note will be sent home that day for the parents to sign and return the following day. In the extreme case of a child inflicting or attempting to inflict harm to another (e.g., kicking, biting, punching), a parent will be called to take the child home.

Children displaying chronic misbehavior will require an intervention plan to remain at GHP. This plan will be developed during a meeting involving parents, the Director, and the student's teacher(s). Timelines for behavior improvement will be agreed upon and criteria will be set for continued enrollment in the school.

If a child's behavior continues to be such that his safety or the safety of others is in danger and/or the rights of others are not respected thus making him/her unable to function in the group, the child will no longer be able to attend the Preschool.

Student Participation

All students are encouraged to participate in all daily and weekly activities (i.e. Chapel, enrichment, playground, etc) whenever offered and attended as a class. All activities will be offered on more than

one day to ensure that all children have the opportunity to participate. If a child attends preschool on both days that the activity occurs and the class is attending on both days, the child will join the class on both days.

Distribution of Promotional Literature

Neither parents nor staff may solicit either parents or staff for funds, services, or products that are not specifically related to fund-raising activities for the Preschool. If a parent or staff member is participating in a fundraiser for another non-profit organization, he/she may request permission from the Director to post notices at the Preschool and/or send notices home with students. The Director/GHP Board will approve or disapprove such requests on a case-by-case basis.

Photographs and Publicity

Photographs of the children participating in our program may be taken from time to time. Any such photography will be done under the supervision of the Director and staff. These photos may appear on the bulletin board, in newsletters, in brochures, on our website, or in other publicity materials. Permission to use photos including your child or his/her work (artwork, crafts, projects, etc.) must be first granted by the child's parent via the *Student Photo Release Authorization* which is part of the *Enrollment Form*.

Children's Records

All records kept on each child are confidential. Children's records include enrollment information, medical information, accident reports, and evaluation/assessment reports. Parents have the right to view their child's records during regular school hours. If any changes occur in the parent and/or child's name, address, telephone numbers, insurance, physician information, or employment, please notify the Director and your child's teacher. The Preschool staff is required to sign a confidentiality statement.

Child Abuse Reporting Procedures

All staff will comply with the provisions of the Child Abuse Reporting Act by bringing suspected cases of abuse and neglect to the attention of the Director. If necessary, the Director will report the suspected case to the Forsyth County Department of Social Services according to *GHP Child Protection Policy*.

Health Policies

Medical Information:

Each child is required to have current immunizations to be enrolled in the Preschool. The Immunization form or a copy of your child's immunizations must be dated and signed by a doctor or other approved medical personnel and is due by the first day of school. GHP reserves the right to refuse entrance to school if immunization records are not provided, or if a child does not have current immunizations. Information about required immunizations is available from the director.

Illness:

For everyone's protection, children should be kept at home if they have had any of the following symptoms in the previous 24 hours:

- heavy nasal discharge
- temperature of 100° or above
- upset stomach, diarrhea, or vomiting
- severe coughing or sore throat
- suspicious rash including suspected chicken pox
- discharge of the eyes, nose, or ears
- head lice
- infected skin patches
- difficult or rapid breathing
- yellow skin or eyes
- gray or white stool and/or dark urine

Children must be able to participate in regular activities. If a child's teacher notices any signs or symptoms of a contagious disease or illness, the parent will be notified immediately to pick up the child. This precaution is best for the ill child as well as the other children. The child will be kept in a comfortable location with the Director and away from other children to prevent exposure until the parent arrives.

Children must be free of all symptoms and/or on an antibiotic for at least 24 hours before returning to the Preschool. A release note from the child's physician may also be required before returning to school.

It is not necessary to notify the Preschool if a child will not be attending class, although his/her Lead Teacher may give you a call out of concern if their student has missed several days in a row.

If a child develops a contagious disease, such as strep throat, pink eye, or chicken pox, the Director should be notified immediately. The Director may notify other parents.

Should your child have any allergies (food or otherwise) please notify your child's teachers and the director verbally and in writing immediately. A physician's note is also very helpful.

Medication:

Generally, the Preschool will not dispense any medications or vitamins. If a prescribed medicine is necessary (including medications for conditions such as food, drug, or insect allergies, diabetes, asthma, or epilepsy) please talk to the Director in advance. Any child requiring any type of medication must have a signed *Medication Prescriber/Parent Authorization Form* on file with the teacher. These forms are available upon request from the Director. Medication cannot be administered without this release form. Prescribed medicine must be in its original container bearing the pharmacist's label which lists the child's full name, date the prescription was filled, the physician's name, the name of the medicine or the prescription number, and the directions for dosage.

Medication for emergency use such as Epi pens and inhalers must be handed to the teacher who will place it in a medication box kept high up on a shelf above the sink. All other medications must be given to the director to dispense.

A parent may give a teacher standing authorization for up to 10 months to apply over-the-counter topical ointments, topical teething ointment or gel, insect repellents, lotions, creams, and powders - such as sunscreen, diapering creams, baby lotion, and baby powder - to a child, when needed. This type of medication may be administered by the child's teacher or the Director if the child has a *Permission to Administer Over-the-Counter Medications Form* on file. These forms will be given to parents by the first day of school and may be returned to the child's teacher.

Emergencies

In case of an emergency, the staff will follow specific procedures:

Minor Accident:

- The teacher or Director will administer first aid. There is a first aid kit located in each classroom. A more extensive one is in the church office.
- An accident report will be prepared. One copy will go in the child's folder and the other will be given to the parent.
- Notify parent if the injury requires a doctor's attention.

Serious Accident:

- The injured child is assessed and a teacher and/or the Director will administer First Aid as needed. If CPR is required, only a trained person will administer the CPR.
- The injured child will never be left unattended.
- Rescue squad is contacted at 911, giving the location and nature of emergency.
- The child's parents will be called by a staff member. If the parents cannot be reached, the child's emergency contact will be called.
- If the child is transported to the Emergency Room, the Director or staff member will take the child's folder with him/her.
- An accident report will be prepared. One copy will go in the child's folder and the other will be given to the parent.

Emergency contact information must be kept current at all times. Please notify the Director of any change. All of the Lead Teachers and the Director receive training in CPR and first aid. We will contact you or your emergency contact person as soon as possible in the event of an emergency.

Fire – Actual or Drill:

In the case of a fire or fire drill, the children shall be lined up in an orderly fashion. Then the staff will do a quick count and evacuate everyone through the door indicated on the escape route map posted near each classroom's interior door. After everyone is evacuated, roll-call will be taken.

Each classroom will practice exiting the building monthly and school wide fire drills will be conducted twice a year. Teachers will discuss exit procedures with their class the first week of school and regularly thereafter throughout the school year. Please do not be alarmed if you hear the drill or happen to be in the church building at a time when a fire drill is taking place.

Tornado - Actual or Drill:

In cases where a Warning is issued by the National Weather Service, the children will be lined up in an orderly fashion, counted, and then the teachers will accompany their students to their designated area (the Men's Restroom, the bathroom hallway, or the copy room). After everyone is evacuated, roll-call will be taken. In the event there is an actual tornado in the area and there is no time to safely go to the designated areas, the children should first try to get in the class bathroom. If the classroom does not have a bathroom or if the bathroom is too full, the teachers will put children under a classroom table close to the interior wall. Children shall be instructed to turn toward the wall with their faces covered until teachers receive the all clear. GHP will hold a tornado drill (aka "tomato" drill) once a year.

Lock Down Procedure:

In cases where there is a safety threat in or near the church building, Grace House Preschool will be locked down. All children will be moved to their classrooms and be placed under a classroom table or as low and as far away from the windows as possible. The teacher will ensure that all doors are locked or secured, the classroom lights are turned off and the blinds closed. The children shall be instructed to remain "hidden" until the teachers receive the all clear. GHP will hold a lock down drill once a year.

Administrative Dismissal

The following situations can result in a child being dropped from enrollment:

A. Nonpayment of fees:

1. Registration fees (along with all signed forms and medical records) and activity fees must be paid before a child attends class.
2. Tuition is due by the date specified previously in this handbook under "Tuition".
3. Further, the school reserves the right to refuse registration for the next year for any family whose accounts are chronically or excessively delinquent.

B. Health and Safety

A major responsibility of GHP is to ensure the health, well-being and safety of all the children enrolled. Failure of families to abide by health policies and provide the Preschool with current, accurate emergency information can result in the child's dismissal from the Preschool.

C. Severe disruptive/destructive behavior

If, after all reasonable attempts (explained in the "Positive Discipline and Child Guidance Procedure" section of this handbook) have been made to accommodate the child's individual needs, any child who demonstrates the inability to benefit from the program, or whose actions are detrimental to the group, will be dismissed.

Fees paid for the month of a child's dismissal will not be reimbursed.

Complaint Resolution and Grievance Policy

Any grievance involving a student, teacher and/or the classroom should first be addressed through a parent/teacher conference. If resolution is not obtained, the grievance may be referred to the following:

- 1st Director of Grace House Preschool
- 2nd Executive Board of Grace House Preschool

The Director will discuss the issue with the parties involved, make every effort to resolve the situation, and provide written feedback/resolution within one week.

If the parties involved continue to be dissatisfied or if any grievance is referred to the Preschool Board by the Director, the grievance must be stated in writing. The statement must include the nature of the grievance, the relief sought and a description of efforts, with dates, to resolve the issue(s) prior to the referral. The Executive Board will make every effort to respond promptly. The Board's decision will be final in all cases.

We ask that all parties involved not discuss the grievance, previous conversations, or efforts of resolution with anyone outside those immediately involved with the situation.

Parent Resources

Smart Start is North Carolina's nationally recognized and award-winning early childhood initiative designed to ensure that young children enter school healthy and ready to succeed.

www.smartstart-fc.org
Smart Start of Forsyth County
7820 North Point Boulevard, Suite 200
Winston-Salem, NC 27106
336.725.6011

Smart Start Partnerships work in collaboration with many local agencies and often know whom to call in your community about issues. Information and links are also provided for the following topics:

- Family Support
- Raising Your Child
- Brain Development
- Tips for Promoting Healthy Development
- Developmental Milestones
- Child Care
- School Readiness
- Health and Safety
- Children with Special Needs

Smart Start offers a variety of programs that help parents become more effective caregivers to their young children. Some of their programs are run in house, while others are administered by partner agencies that receive funds from Smart Start of Forsyth County. The following are current Smart Start programs specifically designed to enhance aspects of parenthood:

- Imprints for Families
- Help Empower Loving Parents (H.E.L.P.)
- Pregnant Teen Support
- Hand to Hand
- Welcome Baby
- Project S.T.E.P.

To get more information or to sign up to receive a Parent Resource Guide and a newsletter go to www.smartstart-nc.org.

School District Information

- **Winston-Salem/Forsyth County Schools**
www.wsfcs.k12.nc.us (there is a preschool intake link)
1605 Miller Street
Winston-Salem, NC 27103
336.727.2816
- **Guilford County Schools**
www.guilford.k12.nc.us
712 North Eugene Street
Greensboro, NC 27401
336.370.8100